

A GUIDE TO WALK DAY



Tampa Bay
Saturday, April 22, 2017

APRIL 2017

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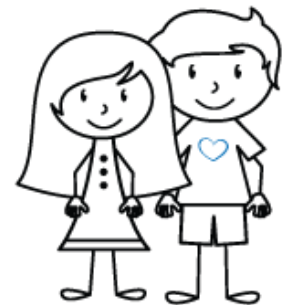
On April 22, I get to go to the **Autism Speaks Walk!**

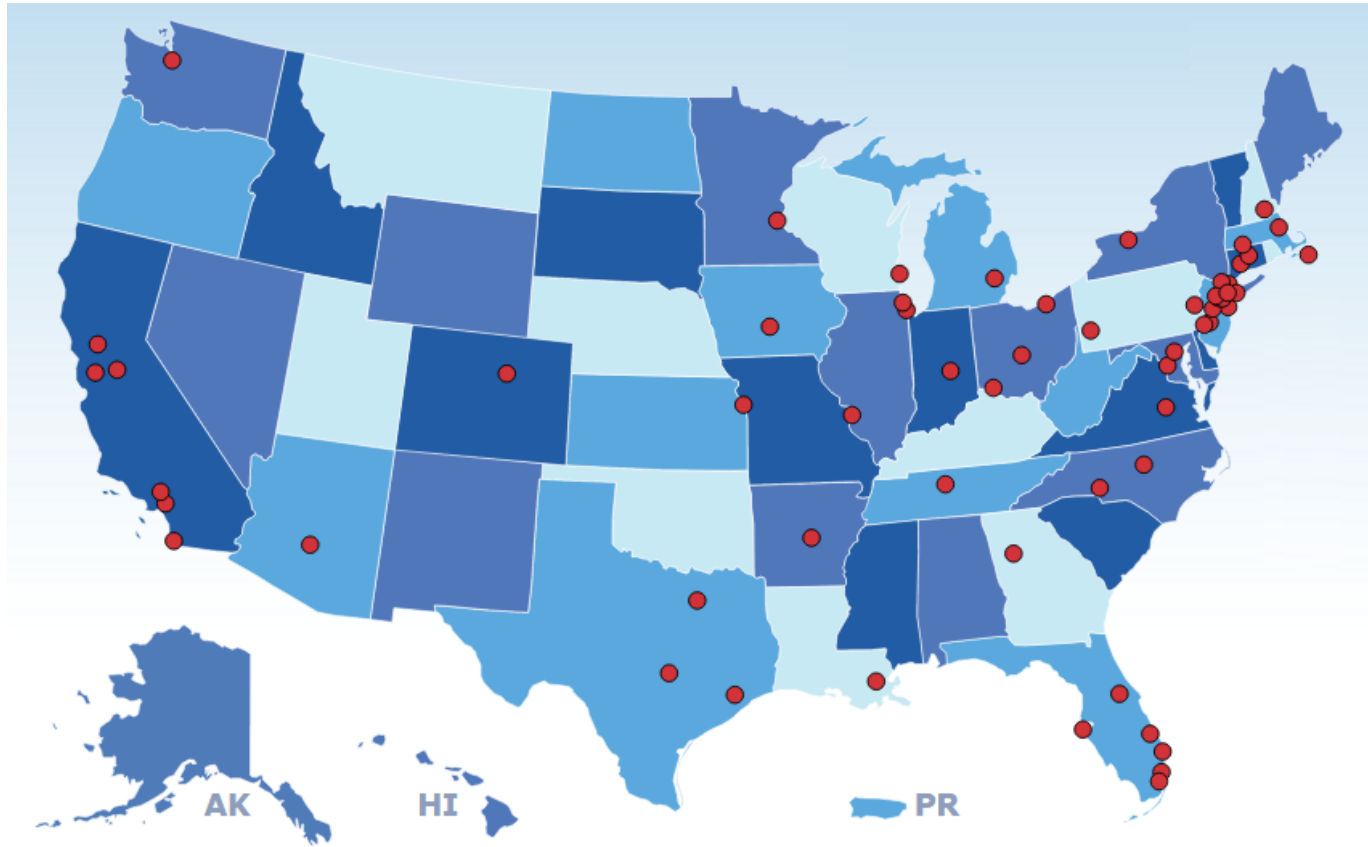
It will be **so much FUN** and **such a SPECIAL day** for my family and me!





Autism Speaks Walks bring the community together to have fun and raise money that goes towards helping people with autism of all ages with lots of different strengths and abilities!





Autism Speaks
Walks take place all
across the United
States – almost 60
different places!



My **Walk** will take place at the Raymond James Stadium in Tampa.



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Raymond James Stadium
is home of the Tampa Bay
Buccaneers football team!



I will drive or walk to the **Walk** with my family. I will make sure to hold hands with someone when we walk from our parking spot to the event!



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When I get to the **Walk**, I will see lots of tents, activities and people.



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There might be a line at the registration tent because lots of people will be there to turn in the donations they raised to help people with autism. Once we get signed in, it's time to have fun!

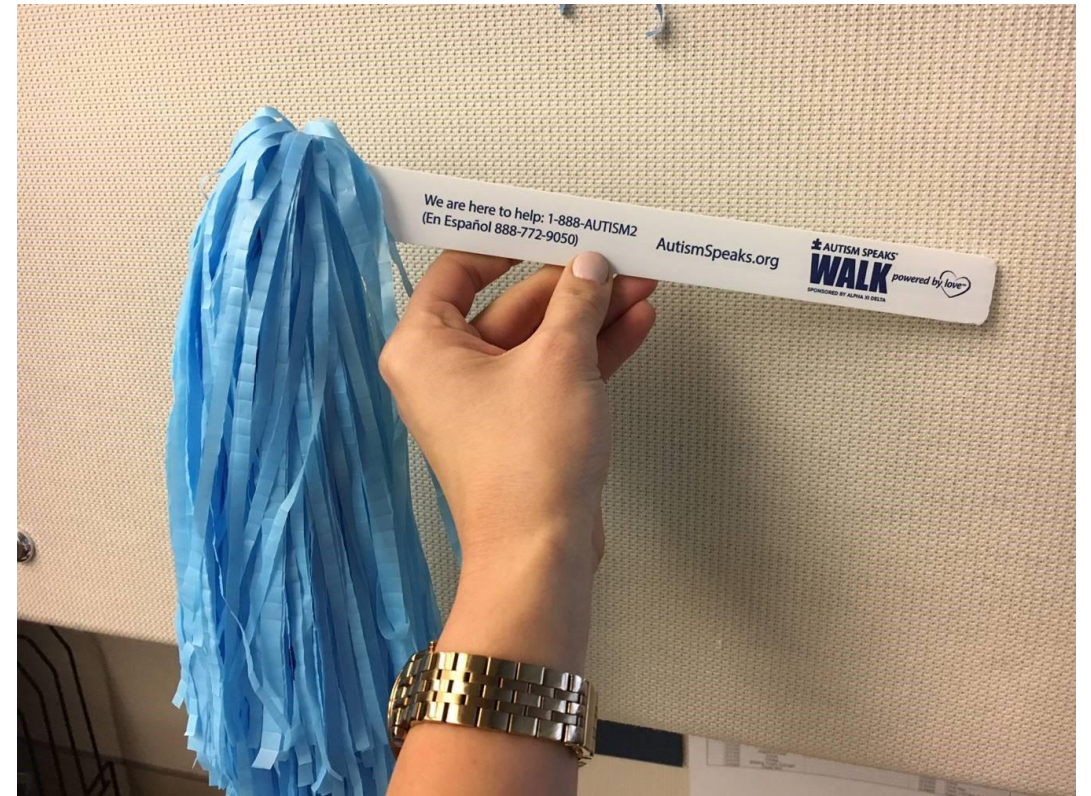


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At the registration table, all of the **Walk** participants will get a very cool blue pom pom!

The pom pom is a sensory-friendly way to “clap” and show excitement without the noise!





Some people will get t-shirts in line if they raise a certain amount of money from their family and friends for the **Autism Speaks Walk!**

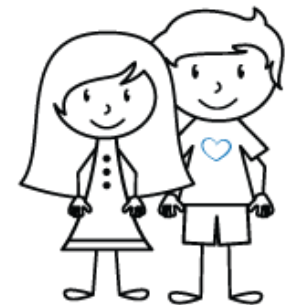
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My **Walk** might even have 8,000 people there! That is a LOT of people getting together to have fun and help out.



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There will be a lot of fun games and activities that I can try if I want to, like temporary tattoos or arts and crafts. It's okay if I would rather not play though. I can just rest with my family too.



The **Walk** will also have people dressed up in costumes. I don't need to be scared though, even though some might have masks or face paint on.

They are all very nice people who are trying to help everyone laugh and have fun!



I can even take a photo with them if I want to!



There will also be lots of music and announcements.

But I can wear my headphones or go to a special quiet tent where it will be calm and relaxing.





Water and donuts will be available if I get hungry or thirsty. I can also bring my own snacks or drinks to the **Walk!**



The **Walk** will happen even if it's raining. If it does rain, I might have to wear a raincoat or boots, or hold an umbrella.



At the **Walk** there will be a big stage where there will be people speaking. There might even be a few people who sing and dance!
I can sing and dance if I want to!



When the **Walk** starts, the activities will close. We will move to the starting line and walk around the stadium with all of the people. The **Walk** is less than 2 miles and will take about 45 minutes.

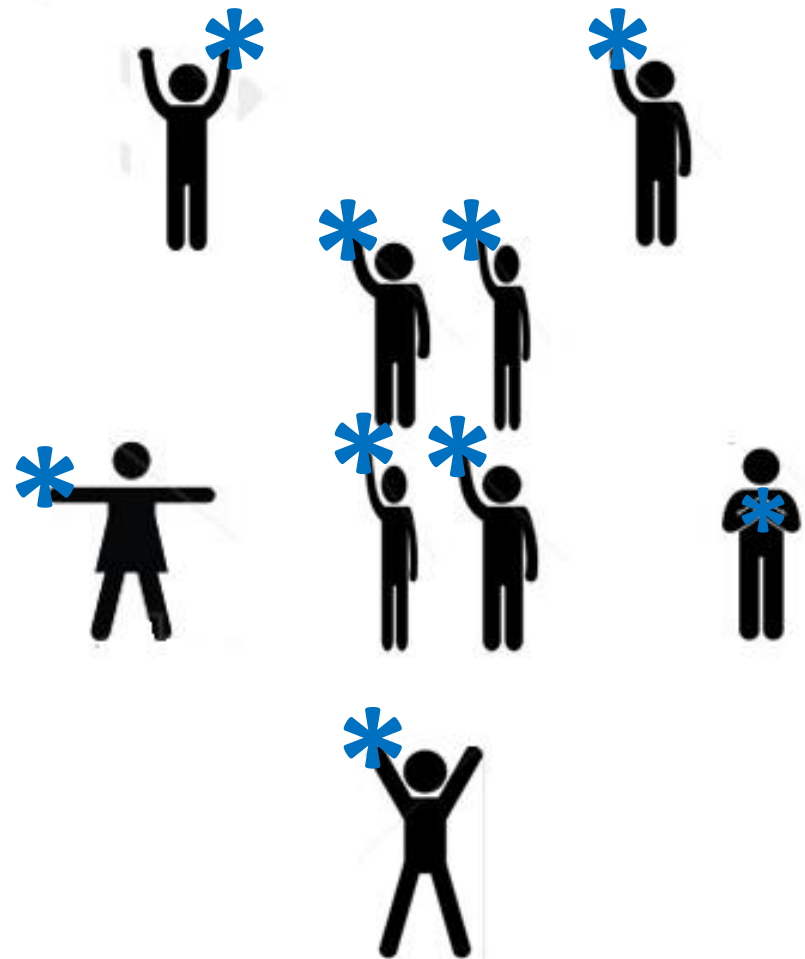


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Before the **Walk** starts, there will be a mission moment where all of the people will move their **pom poms** in different ways to celebrate how autism is special to us.

Then we will all raise them together before the countdown to the **Walk** begins!



I will hold a grown up's hand and stay close to my family during the **Walk**.

If I get lost, there will be lots of helpers to help me find my family. I will go to the stage or look for people with blue t-shirts and headsets on.



Along the way, there will be lots of people cheering my family and me on as we walk.

At the finish line, there will be a party where lots of people will be celebrating that we have completed the **Walk!**





It is time to go home
after a fun day at the
Autism Speaks Walk!

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I am so excited to go to the **Autism Speaks Walk**.
It will be a lot of fun!

