

A GUIDE TO WALK DAY

 **AUTISM SPEAKS®**

WALK

powered by love™

NATIONAL PARTNER ALPHA XI DELTA

TOLEDO WALK

SUNDAY, SEPTEMBER 8, 2019



September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8  powered by love <small>NATIONAL PREMIER ALPHA XI DELTA</small>	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

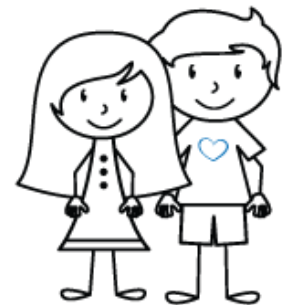
On Sunday, September 8th I get to go to the **Autism Speaks Walk!**

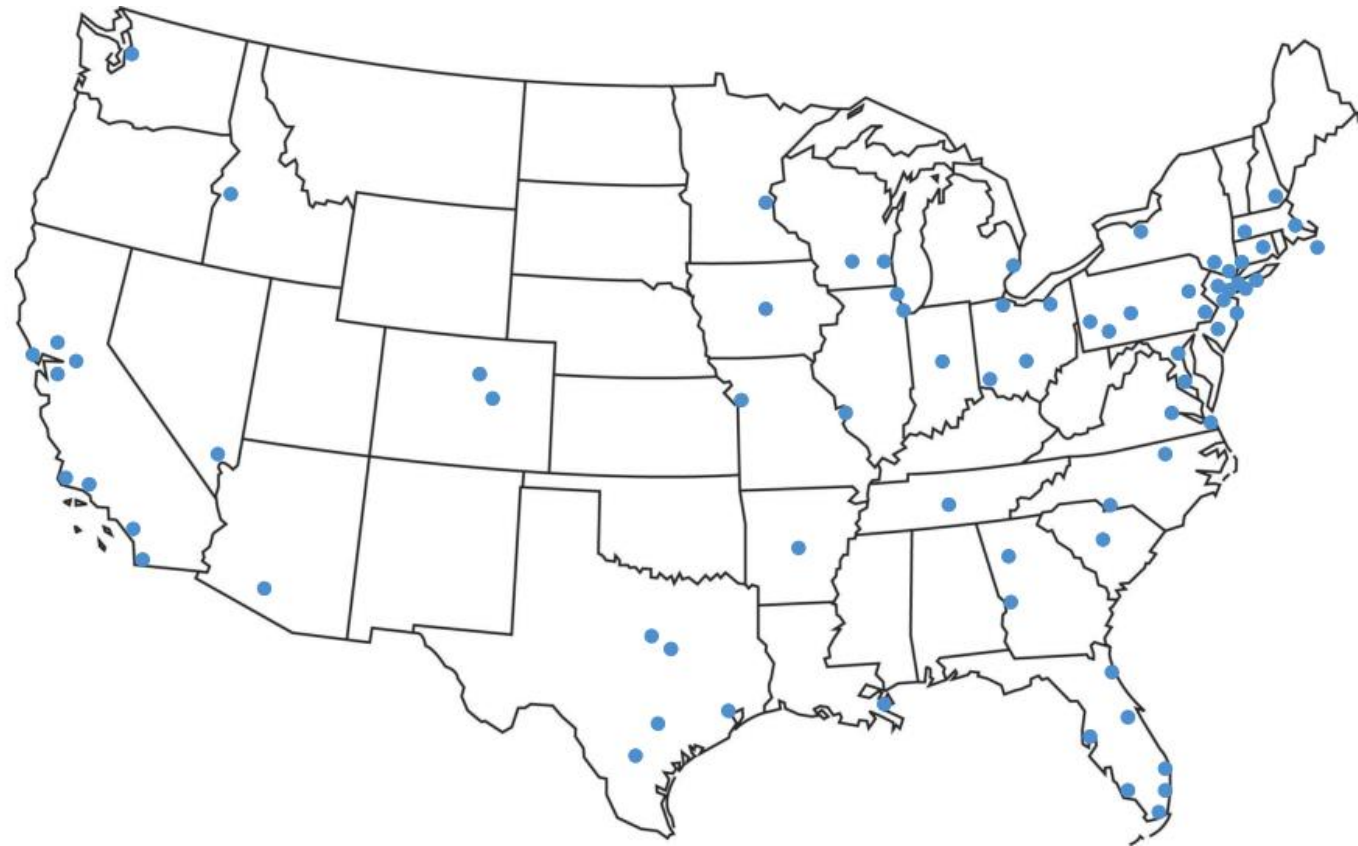
It will be **so much FUN** and **such a SPECIAL day** for my family and me!





Autism Speaks Walks bring the community together to have fun and raise money that goes towards helping people with autism of all ages with lots of different strengths and abilities!





Autism Speaks
Walks take place all
across the United
States – over 70
different places!



My **Walk** will take place at the



and will start on the arena floor where
hockey games are usually played!



The Huntington Center is where the Toledo Walleye play ice hockey. It is also home to lots of concerts and other activities!





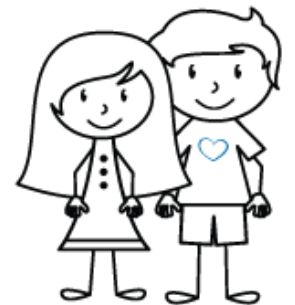
I will drive to the **Walk** with my family and park in a parking garage or in a parking lot. I will make sure to hold hands with someone on our way from our parking spot to the **Walk!**



When we get inside the building, we will go to the check-in table. We will check in with some nice volunteers.

There might be a short line to wait in. A lot of people will be checking in also and turning in donations to support people with autism.

Once we get signed in, it's time to have fun!



At the check-in table, all of the **Walk** participants will get a very cool blue pom pom!

The pom pom is a quiet way to “clap” and show excitement without the noise!





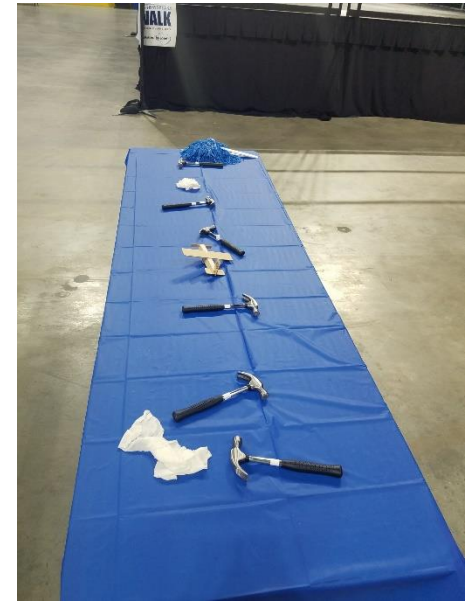
Some people will get t-shirts in line if they raise a certain amount of money from their family and friends for the **Autism Speaks Walk!**



When I get to the **Walk**, there will be lots of fun things to do and lots of people.



There will be fun activities that I can do if I want to. It's okay if I would rather not participate. I can just rest with my family too.



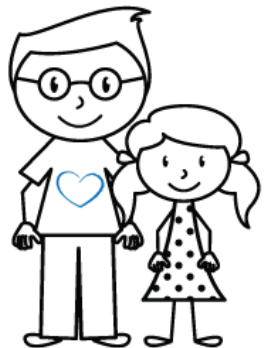
My **Walk** might have 500 people there! That is a LOT of people who are getting together to have fun and help out.



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WALK powered by love™
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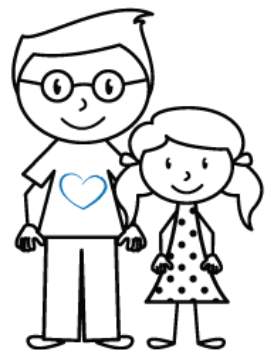


Some of the fun activities include face painting, dancing, coloring, and more!



The **Walk** will also have people dressed up in costumes. I don't need to be scared though, even though some may have masks or face paint on.

They are all very nice people who are trying to help everyone laugh and have fun!



There will also be lots of music and announcements.

But I can wear my headphones or go to the Quiet Space. There will be signs or a nice volunteer can show me where to go.





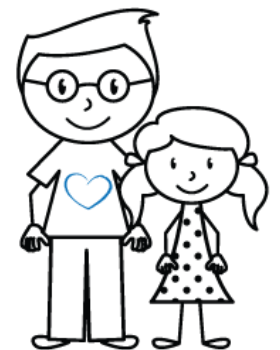
Water and snacks will be available if I get hungry or thirsty. I can also bring my own snacks or drinks to the **Walk!**



The Walk is rain or shine, so we will walk outside, even if it's raining.

If it does rain, I might have to wear a raincoat or boots, or hold an umbrella.

If the weather is really bad, we can walk inside the Huntington Center.

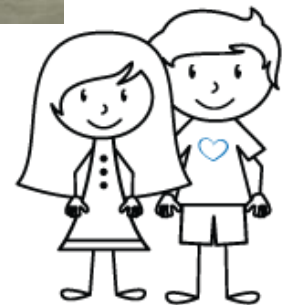
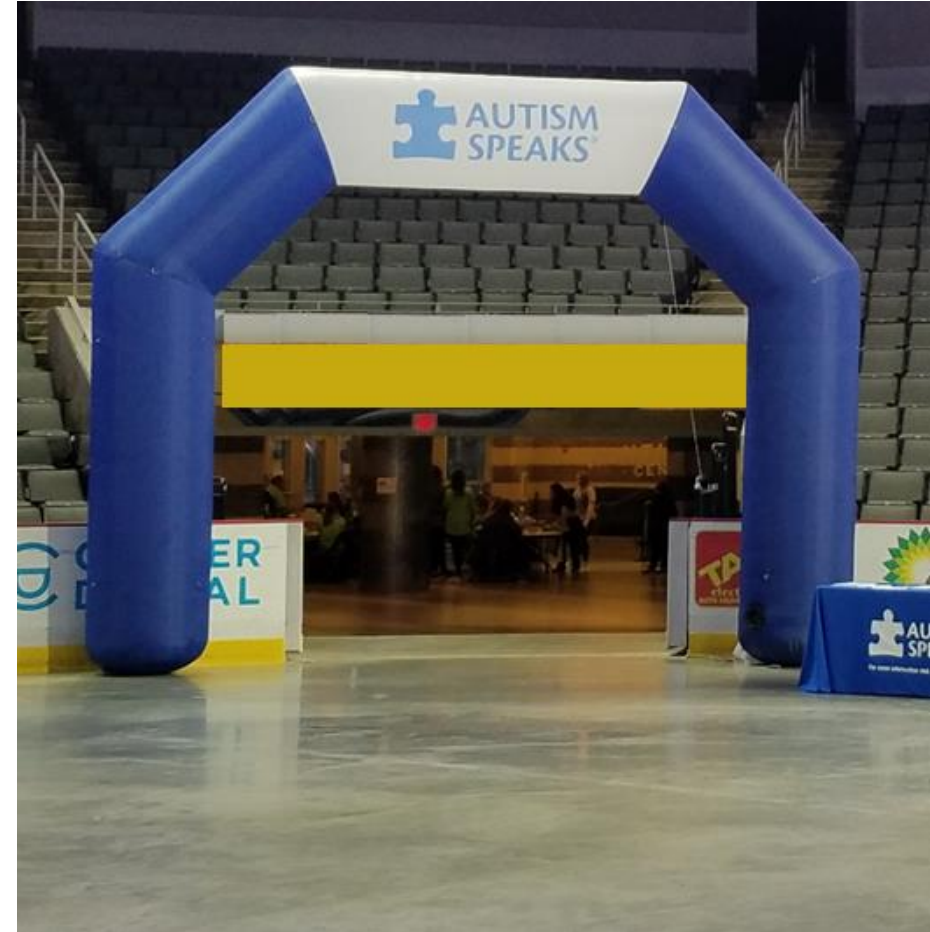


At the **Walk** there will be a stage where there will be people speaking. There might even be a few people who sing and dance!
I can sing and dance if I want to!



When the **Walk** starts, we will move to the starting line and walk along the route with all of the people. The **Walk** is about 1 mile outside around the city and will take about 30 minutes.

If the weather is bad we will walk inside the building instead.



Before the **Walk** starts, there will be a mission moment where all of the people will shake their pom poms to celebrate how autism is special to us.

Then we will all raise them together for the countdown to start the **Walk**!



I will hold a grown up's hand and stay close to my family during the **Walk**.

If I get lost, there will be lots of helpers to help me find my family. I will go to the stage or look for people with bright yellow t-shirts and headsets on.



Along the way, there will be people cheering my family and me on as we walk.

At the finish line, there will be people celebrating that we have completed the **Walk!**



When I am done, I can go back and listen to music, do more activities, or get a snack if I want. I can also just go home after a fun day at the **Autism Speaks Walk!**



I am so excited to go to the **Autism Speaks Walk**.
It will be a lot of fun!

