



Take time to be kind! Promote your Kindness break with these kindness desk-drops or hand out during your solo break.

**The world
needs you.**

autismspeaks.org/kindness



**You are making
an impact.**

autismspeaks.org/kindness



**You are
changing lives.**

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**You are
awesome!**

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**You are
strong.**

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**You're unique
(and that's
awesome!).**

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**You are
wonderful.**

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**You are the
perfect you.**

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**You are
powerful.**

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