

Resources for Young Children

100 Day Kit for Families of Newly Diagnosed Young Children with Autism

The Autism Speaks 100 Day Kit was created specifically for families of children ages 4 and under to make the best possible use of the 100 days following their child's diagnosis of autism. Topics include information about symptoms, treatment, accessing services, family support and more. Hard copies are available free of charge.

Autism Response Team

The Autism Response Team (ART) connects individuals with autism, family members and professionals in the autism community with resources and information through phone calls, emails and chat. ART can help connect you with local service providers, provide information on your child's rights and help you find the right resources for you and your family, including the many available from Autism Speaks. The team can be reached at: help@autismspeaks.org or (888) 288-4762 (en Español (888) 772-9050) or online chat at autismspeaks.org.

Tool Kits

Autism Speaks has developed a number of tool kits for parents and caregivers of young children with autism on topics such as challenging behaviors, financial planning, Individualized Education Programs and more.

In addition, over 20 tool kits have been developed for the autism community by the Autism Speaks Autism Treatment Network (ATN). Specific tool kits for young children include: Introduction to Behavioral Health Treatments, Visual Supports, A Parent's Guide to Applied Behavior Analysis, Exploring Feeding Behavior, Toilet Training Tool Kit and much more. Visit autismspeaks.org/tool-kit.

Resource Guide/Directory

The Autism Speaks Resource Guide is a portal of thousands of local resources, searchable by zip code, that includes preschools, speech and language therapists, developmental pediatricians, recreation activities and more. We also have an Information by Topic directory with hundreds of resources on important subjects like behavioral issues, sleep, safety and more. Both the Resource Guide and Directory are available at autismspeaks.org.

Family Support Guides

The purpose of the Autism Speaks Family Support Guides is to help teach family members and friends more about autism and its effects on families. The Guides provide resources and information to help them best support their loved ones with autism. There are four guides: Parents, Grandparents, Siblings and Friends.